



SECTION:	General School Administration	APPROVAL DATE:
SUBSECTION:	School Building Administration	February 4, 2002
POLICY NAME:	Outdoor Activities: Curricular, Intramural and Interschool	LAST REVISED:
POLICY NUMBER:	APP.B.1.GSA.E.19	February 4, 2002

RECOMMENDED ACTIVITIES

Rec.* = Recommended – Refer to the specific and generic guidelines in the binder – Physical Education: Ontario Safety Guidelines
Not Rec.* = Not Recommended – Not advisable for students at the elementary level. Written permission from the Director of Education required.
Not App.* = Not Appropriate – Not to be done at the elementary level.

Activity	Rec*	Not Rec.*	Not App.*
Aquatics	PR/JR/INT		
Archery		PR/JR/INT	
Backpacking (day trips)	INT	PR/JR	
Bowling	PR/JR/INT		
Broomball (ice)	INT	PR/JR	
Camping - dorm only, no canoeing	PR/JR/INT		
Camping - tents	JR/INT	PR	
Camping - Winter Tent		PR/JR/INT	
Canoeing - Pools, Lake Water, Base Camp	INT	PR/JR	
Canoeing - White Water			PR/JR/INT
Canoe Tripping		PR/JR/INT	
Cross Country - running	PR/JR/INT	PR	
Cross Country - Skiing, Snowshoeing, Snow Skating	JR/INT	PR	
Curling	JR/INT		
Cycling	INT	PR/JR	
Golf	INT	PR/JR	
Horseback		PR/JR/INT	

Activity	Rec*	Not Rec.*	Not App.*
Ice Hockey		JR/INT	PR/JR
In-Line Skating	JR/INT	PR	
Kayaking - flat water	INT	PR/JR	
Kayaking - white water			PR/JR/INT
Lake Swimming	JR/INT	PR	
Orienteering	JR/INT	PR	
Ringette (ice)		PR/JR/INT	
Rock Climbing		PR/JR/INT	
Ropes Courses, Rappel Towers			PR/JR/INT
Sailing		PR/JR/INT	
Skating	PR/JR/INT		
Skiing (Alpine)/ Snowboarding	JR/INT	PR	
Snow Tubing (facility tubes only, not personal tubes)	JR/INT	PR	
Tobogganing		PR/JR/INT	
Volleyball (beach ball)	JR/INT	PR	
Wall Climbing	INT	PR/JR	

Riding		
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Elementary Intramural Activities

Activity	Example
Sport Imitation	Court and Field Games
Low Organization Activities/Special Events	
School-Made Equipment	Land Skis, Bean Bags, Bleach Scoops, Climbing Wall, Rhythm Sticks (equipment can be made at school by Board employees, adult volunteers and by students who are under direct supervision)
Building With Bodies	Pyramid Building, Human Fence
Transporting People/Things	Human Amoeba, Chariot, Chuck Wagon, Bed and/or Stretcher Races, Cookie Machine, Climbing Wall
Targets - Human	Dodgeball and Variations, Human Bowling, Heart Attack Tag Games
Targets - Other Target Games/Activities	Throwing for Accuracy, Frisbee Golf
Food/Water Activities	Jello/Pie Eating, Spray Activities, Water Balloons, Sponge Toss, Dunk Tanks
Relay And Chasing Games	Capture the Flag, Crows and Cranes, Tag, Mr Wolf, Rock Paper Scissors

Elementary Interschool Activities

Activity	Lower Risk Sports	Higher Risk Sports	Grade/Level Recommended
Bowling	*		Open
Broomball (ice)		*	Open
Cross Country (running/orienteering)	*		Grade 3/JR/INT
Cross Country (skiing/snowboarding)	*		Open
Curling	*		Open
Golf	*		INT
Ice Hockey		*	Grade 6/INT
Ringette (ice)		*	Open
Skiing (Alpine) Snowboarding		*	Open
Swimming		*	Open
Tennis	*		Open
Water Polo		*	Open